

The Living Textbook: Open Education Resources for Engagement, Equity and Inclusion

Teresa Handy, Ed.D.
Jennifer Dunn, M.F.A.

University of Arizona Global Campus



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Teresa Handy, Ed.D

Program Chair
Assistant Professor

Teresa.Handy@uagc.edu



Jennifer Dunn, MFA

Associate Faculty
Curriculum Writing
Consultant

Jennifer.Dunn@uagc.edu



Presentation Agenda

- Introduction to Key Principles of Open Educational Resources
- What are the types of Open Educational Resources
- What is the GEN 101 OER Study?
- Faculty and Student Experience
- How can I do this?



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BELONGING

INCLUSION

DIVERSITY

EMPOWER

AFFORDABLE

RESPECT

ENGAGE

DEI

EQUITY

SUPPORTIVE

EMPATHY

SUCCESS

ACCESSIBLE

DREAMS

IMPACT

ADVOCATE

STUDENTS

OPER

GOALS

Types Open Educational Resources

- Full online courses
- Textbooks
- Curated digital collections
- Lessons
- Assessment Items
- Images/Infographics
- Videos/Podcasts



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DIVERSITY & INCLUSION ▾ MILITARY ▾ CAREER ▾ BODY & MIND ▾ STUDENT SUCCESS ▾ FACULTY & STAFF ▾

CHECK OUT OUR NEW STREAMING SITE!

Home ▾ Student Success ▾ Academics ▾ GEN 101 Tips and Resources

GEN 101 Tips and Resources

Jan 31, 2024

Read time: 4 min

Hello and welcome to the GEN 101 Open Education Resource (OER) page! Students and faculty feel a stronger sense of belonging, inclusion when there is diversity present in the materials. In addition, research suggests that students who have a greater sense of belonging tend to have higher motivation, more academic self-confidence, higher levels of academic engagement and higher achievement. This page is full of tools and resources related to academic success and personal wellbeing. Best of all! The items on this page can be used in any course you're taking and are open to use and adapt by others.

Weekly Focus of GEN 101 and Suggestions for Utilizing These Resources

Week 1	Week 2	Week 3	Week 4	Week 5
Starting the Journey <ul style="list-style-type: none"> The students will complete technology activities in a Starter Kit setting them up for success. They complete a personal SWOT analysis and discuss the results. Students experience a time management interactive. 	Understanding Resources <ul style="list-style-type: none"> A second starter kit continues technology learning. Personal growth is addressed through a discussion. The Student Support Center Journal assignment focuses on developing a support network. 	Setting Goals <ul style="list-style-type: none"> In the Looking Ahead discussion, students will reflect upon their future careers. Students will explore the Writing Center and take a quiz. A quiz on the SQ3R reading method will be taken. Students will write their two SMART goals. 	Cultivating Growth <ul style="list-style-type: none"> Academic integrity will be addressed. One discussion will focus upon growth mindset and grit through shared stories. A second discussion will identify soft skills as aligned with career readiness. Students will take and reflect upon the TypeFocus self-assessment as the assignment. 	Planning Success <ul style="list-style-type: none"> Students will reflect upon their experience. Reflection discussion, leading to information quiz. Students will complete their Personal Development template.

Support Network: Reaching Your Goals Need Not Be a Solitary Pursuit

Jan 31, 2024

Read time: 1 min

Having a support network is critical to success. It's not just about stress, whether academic or personal. It's about celebrating those noteworthy accomplishments. It's about having people who care, who value you, who want to see you succeed. It's about turning to them for emotional support, for encouragement, for help. It's about knowing you are not alone. It's about allowing us to consider this here or there or that.

Time Management: Online Students Speak Up

Jan 31, 2024

Read time: 1 min

Time management is particularly crucial for students. The benefits of effective time management include improved academic performance, reduced stress levels, increased productivity, enhanced learning experiences, and more! View the video here or on YouTube, or grab your phone and listen to the podcast on the go, to learn about real life experiences and benefits of effective time management.



Mental Health Resources:

If you or someone you're connected to is looking for resources to support mental health and well-being, look no further. This list, while not comprehensive, includes a number of resources related to mental health and wellness that can be searched and shared.

- Live Your Life Well Campaign:** Sponsored by Mental Health America, this site highlights the Live Your Life Well campaign's tips and tools to live a healthy and well-balanced life. Topics range from stress reduction to the importance of sleep, among many others.
- National Alliance on Mental Illness (NAMI):** NAMI offers easy to access information on mental health impacts, their symptoms, and treatments, as well as opportunities to get involved in the fight against stigma and support those impacted by a mental health diagnosis.
- HelpGuide:** HelpGuide's mission is to help people understand, prevent, and resolve many of life's challenges through increasing knowledge and nurturing hope. The website provides comprehensive information for mental and emotional health, children & family, Relationships, health & wellness, and seniors and aging.
- Open Counseling:** In addition to listing free to low cost counselors and therapists by region, this site provides information for [state mental health resources](#).
- The UAGC Hub:** The one-stop shop for UAGC students seeking information to support their health and wellness. Check out articles and videos on topics related to overall wellness, body & mind, student success, and more.
- 211:** Looking for all types of health, human, and social services, including community mental health clinics? 211 provides information and referrals to the services that best meet individual needs. You can dial 211 or enter your zip code to access a self-search database and your local 211 contact center.
- UAGC Suicide Prevention and Awareness Series:** As a result of the dedicated efforts of multiple student-run clubs at the University of Arizona Global Campus, UAGC hosted a series of events on Suicide Prevention and Awareness Month during September 2022. This student-led initiative offered many ways for UAGC students, alumni, faculty, and staff to join the fight to end suicide.

Presentation

Treat Study Time as an Appointment You Can't Miss

emotional
Parents
Siblings
Spouse
Close Friends
Pastor



GEN 101 OER Study

The OER Resources

Impact of Open Educational Resources

Cost Savings for Students

- Frees up funds for essentials
- Helps to remove economic barrier to education
- Reduces financial strain of expensive textbooks

Unfettered Access and Lifelong Learning

- Available immediately
- Available after they leave the course
- Access encourages students to be in control of their learning.

Educator Directed

- Resources can be updated in real time
- Materials can reflect the learner and their lived experiences
- Empowers marginalized voices in academia



GEN101 - OER Hub



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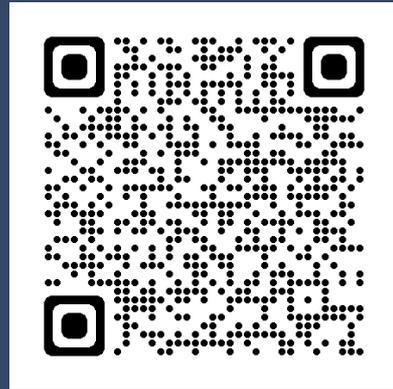
GEN 101 Tips and Resources

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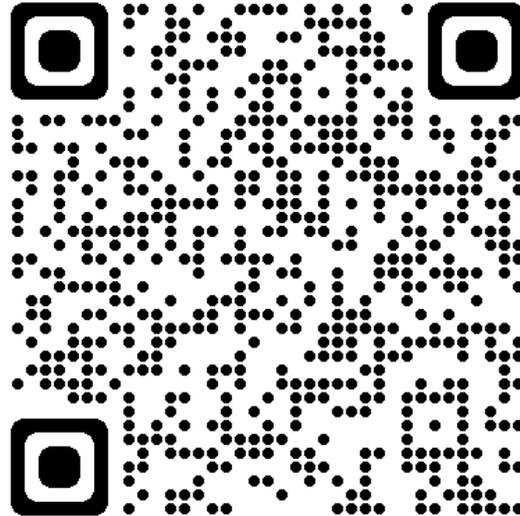


GEN 101 OER Study: Preliminary Findings: Faculty & Student Experience



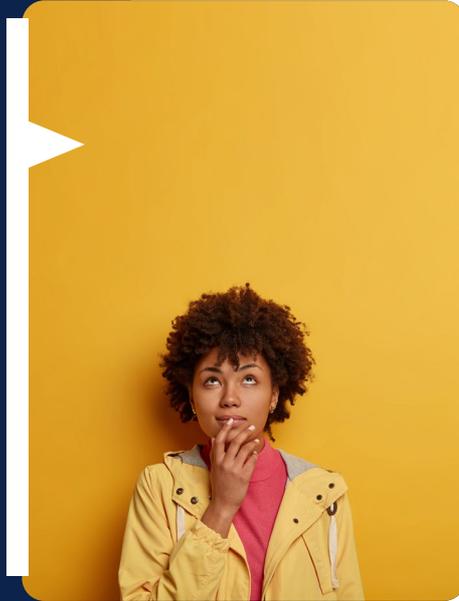
Please share your thoughts on OER in General Education!

Scan here
for
survey!



Recommendations

Guidelines for incorporating OER into the classroom to foster a sense of belonging and equity



- **Incorporate Student Voice**
- **Provide OER as supplemental resources**
- **Be selective: consider student demographics**
- **Diversify modalities**

Would You Like to Learn More?

Scan here with
phone for
more info!



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ER,statement%20of%20the%20Blueprint%E2%80%99s%20vision%2C%20values%2C%20and%20definitions.

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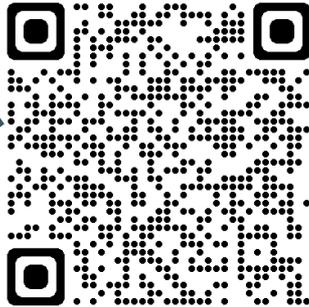
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Contact Information

- Teresa.Handy@uagc.edu
- www.teresalearyhandy.com

- Jennifer.Dunn@uagc.edu



QUESTIONS & DISCUSSION

